



ROBERT R. SCHEINBERG, M.D.

SPECIALTIES



HIP KNEE ELBOW SHOULDER

BIOGRAPHY

Dr. Robert R. Scheinberg is regarded as a leader and authority in the field of sports medicine. He treats athletes whose levels range from professional and collegiate to high school and recreational. As a team physician for the United States Ski Team and multiple local high schools, he has a special interest in sports-related injuries, arthroscopic reconstructive surgery of the knees, shoulder, elbow and hip.

Elected by his peers as one of the best doctors in Dallas, Texas Superdocs, and Best Doctors in America, Dr. Scheinberg has been board-certified in orthopedic surgery since 1995. He is a past president of the Texas Society for Sports Medicine and an honorary member of the Southwest Athletic Trainers Association.

Teaching remains one of Dr. Scheinberg's interests. He is a clinical assistant professor at UT Southwestern Department of Orthopedic Surgery. The author of numerous papers and book chapters, he has presented and lectured at national and international conferences. Dr. Scheinberg has developed

innovative orthopedic implants and techniques which are widely used by sports medicine surgeons around the world.

Recognized as one of the nation's most experienced hip arthroscopic surgeons, he teaches and lectures in the US and abroad to fellow orthopedists about his techniques.

Dr. Scheinberg enjoys golf, skiing, running and fitness training with his family which includes his wife; Deon, a physical therapist and former Dallas Cowboy Cheerleader; his twins, Blake and Layne; and 2 Great Danes.



CURRICULUM VITAE

CERTIFICATION

Board certified in Orthopedic Surgery since 1995

HONORS

D Magazine "Best Doctors" 2001 – Present
Texas Monthly Magazine "Super Docs" 2005 – Present
President Texas Sports Medicine Society
Team Physician, United States Ski Team
1994 Men's Downhill – Saalbach Hinterglemm,
Austria World Cup
1994 Men's Technical – Kranjska Gora, Slovenia World Cup
1995 Men's Technical – Furano, Japan World Cup
1996 Men's Downhill – Kitzbuhel, Austria World Cup
1997 Men's Downhill – Chamonix, France World Cup
1998 Men's and Women's – Crans Montana, Switzerland
World Cup Final
Orthopedic Surgeon, World Cup U.S.A. 1
994 Soccer Cotton Bowl – Dallas, Texas
Orthopedic Surgeon, U.S. National Figure Skating
Championship 2002 – Dallas, Texas
Honorary Member, Southwest Athletic Trainers Association
Team Physician, Mesquite Poteet High School
Team Physician, West Mesquite High School
Team Physician, Wylie High School
Team Physician, Forney High School
Team Physician, Mesquite Horn High School

TRAINING

Undergraduate

Hendrix College, Conway, Arkansas; 1979 – 1981
Major: Biology; Degree: Bachelor of Arts

Tulane University, New Orleans, Louisiana; 1977 – 1978
Major: Biology

Graduate

University of Tennessee College of Medicine
Memphis, Tennessee; 1981 – 1985
Degree: Doctor of Medicine

Internship

University of Texas Southwestern Medical Center, Dallas,
Texas; 1985 – 1986
General Surgery

Residency

University of Texas Southwestern Medical Center,
Dallas, Texas; 1986 – 1987

Parkland Memorial Hospital
General Surgery

University of Texas Southwestern Medical Center,
Dallas, Texas 1987 -1992

Parkland Memorial Hospital
Orthopaedic Surgery

Fellowship

Steadman Hawkins Clinic, Vail, Colorado; 1992 – 1993
Knee and Shoulder Orthopaedic Sports Medicine