



## SCOTT O. PASCHAL, M.D.

### SPECIALTIES



KNEE



SHOULDER

### BIOGRAPHY

Recognized as a leading specialist in knee and shoulder surgery, Scott O. Paschal is dedicated to providing the highest quality of care.

Dr. Paschal ranked in the top 2% of his medical school class. After completing his orthopedic residency at the prestigious UT Southwestern Medical Center in 1987, he was awarded a fellowship in knee/shoulder surgery with Drs. Steadman and Hawkins.

As a former Texas A&M varsity baseball player, Dr. Paschal combines his personal experience as an athlete with leading-edge medical knowledge. Upon Dr. Paschal's election as an honorary member of the Southwest Athletic Trainers Association, the committee stated, "His dedication to athletes elevates him above his peers."

Dr. Paschal currently serves as team physician for Highland Park and Dallas Independent Districts. He also served as team physician for the US Olympic Ski Team and as Physician Director of the NATA Board of Certification.

Board certified since 1990, Dr. Paschal is an Assistant Clinical Professor at Southwestern Medical Center. He has authored several scientific articles, and has been honored with teaching excellence awards given by orthopedic residents as well as serving as the Director of Dallas Metroplex Athletic Trainers Lecture Series.

His peers in *D Magazine* and *Texas Monthly* have also repeatedly honored him as Best Doctor.

Outside of his practice, Dr. Paschal enjoys time with his family, golf, tennis, photography and playing admittedly poor piano.



## CURRICULUM VITAE

### CERTIFICATIONS

Board certified in orthopedics since 1990  
Diplomate American Board of Orthopedics Surgery:  
1990 – 2000

Diplomate American Board Recertification in Orthopedics,  
Maintenance of Certification:  
January 1, 2001 - December 31, 2010  
January 1, 2011 - December 31, 2020

### HONORS

D Magazine “Best Doctors”

Texas Monthly Magazine “Super Doctors”  
2005 - Present

UT Southwestern Medical Center  
Associate Clinical Professor

Highland Park High School Team Physician  
1993 - Present

Physician Director, Dallas Athletic Trainers Lecture Series  
1991 - Present

Dallas Independent School Team Physician  
1988 - present

Physician Director National Athletic Trainers Association  
Board of Certification 1994-1997

US Alpine Olympic Ski Team, Team Physician  
1988 -1993

UT Southwestern Medical School Teaching Excellence Awards  
1990 -1991

Alpha Omega Alpha Honor Medical Society

Honorary Membership Southwest Athletic Trainers Assoc  
1997

Beta Beta Beta Biological Honor Society – Charter Member

Phi Kappa Phi Honor Society Texas A&M University

### TRAINING

Undergraduate  
Texas A&M University, College Station, TX; 1978  
Degree – Bachelor of Science, Zoology

Graduate  
University of Texas Southwestern Medical School,  
Dallas, TX; 1982  
Degree – Doctor of Medicine

Internship  
General Surgery – Parkland Memorial Hospital,  
Dallas, TX; 1982 -1983

Residency  
University of Texas Southwestern  
Medical School Affiliated Hospitals, Dallas, TX; 1983- 1987  
Orthopedic Surgery

Fellowship  
Barton Memorial Hospital, Lake Tahoe, CA; 1987  
Knee Surgery and Sports Medicine

Sub-Specialty Training  
St. Joseph Hospital,  
London, Ontario; 1988  
Surgery of the Shoulder